

## NBCOT Entry-level Self-assessment Tools

As a free service to OT/OTA students and entry-level certificants, NBCOT is pleased to offer OTR and COTA entry-level self-assessment tools. These tools are available in each of the following practice areas:

- General Practice
- Mental Health
- Pediatrics
- Physical Disabilities

The NBCOT Entry-level Self-assessment Tools are excellent resources for providing you with a self-perceived indication of your knowledge and experience in relation to the validated domains, tasks, and skills of OT practice. Students and entry-level OTR or COTA certificants have the option of completing one or all of the tools as many times as needed.

Please click one of the following links to learn more about the OTR or COTA Entry-level Self-assessment Tools:

[OTR Entry-level Self-assessment Tool](#)

[COTA Entry-level Self-assessment Tool](#)

Listed below are the OTR and COTA Entry-level Self-assessment Tools. Click on the name of the practice area to begin the self-assessment tool:

### **OTR**

[General Practice](#)

[Mental Health](#)

[Pediatrics](#)

[Physical Disabilities](#)

### **COTA**

[General Practice](#)

[Mental Health](#)

[Pediatrics](#)

[Physical Disabilities](#)