

The Official NBCOT study tools

The **only OTR® and COTA® certification examination study tools designed exclusively by NBCOT test development professionals**. Candidates can be confident that these tools provide an authentic introduction to the types of questions appearing on the actual certification examinations. Multiple NBCOT study tools are available for your examination preparation, including:

- Free Entry-level Self-assessment Tools
- The NBCOT Official OTR and COTA Study Guides
- Validated Domain, Task, Knowledge and Skill Statements
- Examination Blueprints
- Online tests and test packages

Descriptions and ordering information for these products are provided below:

NBCOT Entry-level Self-assessment Tools

As a free service to OT/OTA students and entry-level certificants, NBCOT is pleased to offer OTR and COTA entry-level self-assessment tools. These tools are available in each of the following practice areas:

- General Practice
- Mental Health
- Pediatrics
- Physical Disabilities

The NBCOT Entry-level Self-assessment Tools are excellent resources for providing you with a self-perceived indication of your knowledge and experience in relation to the validated domains, tasks, and skills of OT practice. Students and entry-level OTR and COTA certificants have the option of completing one or all of the tools as many times as needed.

For more information and access to the tools please click [here](#) .

The NBCOT OFFICIAL OTR and COTA Study Guides

A complete resource for exam preparation, the Official NBCOT Study Guides contain all the information you will need to know about the certification exam, straight from the exam's creators. Here's some of what you will find in the official NBCOT study guides:

Comprehensive overview of what to expect on the actual examination – Each guide contains information about the format of the examination, what to expect on the test day, and how the examinations are scored.

Proven strategies for taking high stakes examinations - Ideal for learning effective study habits, the official NBCOT study guides contain information about using adult learning strategies to set study goals, and using resources effectively when preparing for the examination.

Sample Practice Items – The sample practice items mirror ones candidates see on the actual examination and include answer keys, rationales, and references to help develop a personal study plan.

Screen shots of the OTR clinical simulation test items - In readiness for simulation test problems appearing on the OTR examinations in 2009, the latest edition of the OTR study guide is the only study guide that includes information about the new clinical simulation testing format.

Get your copy of the NBCOT Official OTR or COTA Study Guide today

