

### Self Assessment Tools

NBCOT is pleased to offer these self assessment tools for OTR® and COTA® certificants.

The tools are intended to empower certificants of all levels of experience to engage in self reflection with the goal of assessing current levels of proficiency with the domains of occupational therapy practice.

For more information, please click the following links for the respective self assessment manuals:

[OTR Self Assessment Manual](#)

[COTA Self Assessment Manual](#)

Click the following links to access the tools:

### OTR

### COTA

[General Practice](#)

[General Practice](#)

[Physical Disability](#)

[Physical Disability](#)

[Pediatrics](#)

[Pediatrics](#)

[Older Adult](#)

[Older Adult](#)

[Mental Health](#)

[Mental Health](#)

[Orthopedics](#)

[Orthopedics](#)

[Community Mobility](#)

