

# Guidelines for Journal and/or Text Book Reading

- ❖ For journal reading, a minimum of two (2) peer-reviewed articles (e.g. *The American Journal of Occupational Therapy*; *Occupational Therapy Journal of Research*) are equivalent to one (1) PDU
- ❖ For text book reading, a minimum of two (2) chapters are equivalent to one (1) unit. Textbook readings **cannot**:
  - have a publication date exceeding more than 5 years from time of renewal application
  - include required reading for academic coursework/audited courses/study group
- ❖ All readings **must** relate to your current area of practice
- ❖ Verification documentation **must** include:
  - Dates of when the articles/texts were read by certificant
  - Annotated bibliography listing the APA reference of each reading, a brief description of the content of the reading, validity of the research used or ideas presented and conclusions drawn by the author of the text
  - Report that analyzes how the content of the readings have impacted your current area of practice

**EXAMPLE:**

<i>Date Read</i>	<i>Reference</i>	<i>Annotated Bibliography</i>	<i>Report of How Article Has Impacted Your Practice Area</i>
10/30/2005	Mann, W. C., Belchior, P., Tomita, M. R., & Kemp, B. J. (2005). <i>Barriers to the Use of Traditional Telephones by Older Adults with Chronic Health Conditions</i> . <i>OTJR: Occupation, Participation and Health</i> . 25(4) 160-166	Article describes a research study that investigated reasons why older adults with chronic health conditions fail to use telephone special features to assist with their communication. A survey was used with a large sample of older adults living in communities across the country. Descriptive statistics was used to report sample characteristics. Results indicated several barriers and authors suggest the following areas where occupational therapists could assist including: telephone placement and wiring; furniture placement; provision of information about cost and telephone features that address specific impairments; issues concerning background noise; telephone maintenance; nuisance calls; and special services.	I work as an OTR in a home health setting. Many of the patients I work with live alone and rely on the telephone for socialization, as well as to flag emergency needs. Decline in motor and sensory performance, often results in them experiencing difficulties using their phone. This article has helped me to understand: <ol style="list-style-type: none"> <li>a) Common barriers for telephone use among this population</li> <li>b) Special telephone features available to older users</li> <li>c) The role for occupational therapists in this important area</li> </ol> I have already incorporated some of the survey questions into my screening assessments, and in addition, I have recommended several compensatory strategies for example, bigger buttons, redial, and memory features with my patients.



National Board for Certification in  
Occupational Therapy

## JOURNAL and/or TEXT BOOK READING

NAME: \_\_\_\_\_

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