

Guidelines for Volunteer Service

Five (5) hours of volunteer time equals 1 PDU. A maximum of 18 PDU are permitted per 3-year renewal cycle.

To earn PDU for volunteer services, the Certificant should:

- ❖ Provide *volunteer* services that advance the reliance on the use of one's occupational therapy skills and experiences.
- ❖ Apply occupational therapy skills and knowledge to evaluate, monitor, enhance, and/or better the lives or situations of: organizations; populations; communities; or individuals in a volunteer setting.
- ❖ Record:
 - names of the organizations/communities/individuals for which the Certificant engaged in volunteer services
 - dates of the service and length of time spent engaged in volunteering

Provide verification documentation if called for audit. This includes EITHER a letter from the volunteer organization recording hours and service provided, OR a report written by the Certificant describing the hours and outcome of the service.

Examples of volunteer activities that can accrue PDU credit include, but are not exclusive to:

- ❖ Teaching swimming to a child with special needs
- ❖ Assisting with a caregiver support group
- ❖ Involvement in healthy living instruction for residents at a homeless shelter
- ❖ Assisting at a day camp for children with cognitive and emotional disorders
- ❖ Participating in Special Olympics activities

Please Note--Volunteer activities that will not be accepted for PDU accrual include:

- *Serving on a board of school governors*
- *Cub scout or Brownie pack leader*
- *Coaching a NBCOT certification examination candidate*
- *Making crafts for fund raising ventures*

