NBCOT GUIDELINES FOR JOURNAL AND/OR TEXTBOOK READING

Journal Reading
- Two peer-reviewed articles (e.g., *The American Journal of Occupational Therapy*, *Occupational Therapy Journal of Research*) are equivalent to one (1) PDU.

Textbook Reading
- Two textbook chapters are equivalent to one (1) PDU. Textbook readings *cannot*
  - have a publication date exceeding more than five years from time of renewal application, or
  - include required reading for academic coursework/audited courses/study groups.

All readings *must* relate to your current area of practice.

Verification documentation must include the following items:
- The date that you read each article/text.
- An annotated bibliography that contains the APA reference of each reading, a brief description of the content of each reading, validity of the research used or ideas presented, and conclusions drawn by the author of the text.
- A report that analyzes how the content of the readings has impacted your current area of practice.
**Reference:**

**Annotated Bibliography:**
This article describes research that estimated the changes in rehabilitation clinicians’ knowledge, self-efficacy, and practice following a multi-faceted knowledge translation initiative titled CO-OP KT (Cognitive Orientation to Daily Occupational Performance – Knowledge Translation). A single-arm, pre-post follow-up methodology was used with 65 clinicians from five rehabilitation hospitals. Practitioners’ knowledge and self-efficacy were assessed at multiple points throughout the course of study. The change in practice was determined through medical record audits completed by the clinicians’ pre- and post-intervention. Descriptive statistics were used to report the findings. Results indicated that the CO-OP KT intervention was effective in improving practitioners’ knowledge and some aspects of self-efficacy and practice.

**Report on How the Article Impacted Your Practice Area:**
I work as a director of rehabilitation in a skilled nursing facility. I manage a multidisciplinary team. One of my job responsibilities is to create practice-oriented professional development and training opportunities for my team. This article has helped me to

a) identify a practice-oriented knowledge translation training model,

b) recognize potential barriers and challenges associated with staff participation in a training program, and

c) appreciate the effectiveness of CO-OP KT intervention in improving practitioners’ knowledge and self-efficacy.

I have already started to explore the feasibility of organizing a knowledge translation training program at my facility. Further, I have recommended that the management consider sending some of the staff to CO-OP KT workshops, as a notable percentage of my department’s caseload includes patients who have had a stroke.
Date Read: ______________________________________

Reference: ______________________________________

Annotated Bibliography: ______________________________________

Report on How the Article Impacted Your Practice Area: ______________________________________