



2019 Ongoing Professional Practice Content Outline

OTR[®]

COTA[®]

This content outline is based on the results of the 2019 Ongoing Professional Practice Analysis.

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OVERVIEW OF THE ONGOING PROFESSIONAL PRACTICE ANALYSIS (OPPA)

Practice analysis refers to a systematic process for describing the roles, responsibilities, and other requirements of a particular job, role, or profession. The purpose of NBCOT's Ongoing Professional Practice Analysis (OPPA) was to provide evidence for the linkage between the current practice of OTR and COTA certificants with three or more years of experience and the requirements of NBCOT's certification renewal program. The updated certification renewal content outline will serve as the basis for updates to the NBCOT Navigator® competency assessment tools and will provide direction to individualized programs of continuing professional development.

The first phase of the OPPA involved convening a panel of OTR and COTA certificants in April 2019 to review and update the previous content outline. The panel was diverse and representative of the population of certificants in terms of geographic region, years of experience, practice area, practice setting, and demographic characteristics. The panel clarified the names and definitions of each domain of ongoing professional practice and updated the tasks within each domain to reflect occupational therapy practice in 2019.

The next phase of the OPPA involved validating the panel's work by surveying the certificant population about their current occupational therapy practice. All OTR and COTA certificants who had been certified for three or more years were contacted and invited to participate in the survey and complete responses were submitted by almost 8,000 certificants.

The 2019 Ongoing Professional Practice Content Outline is the final outcome of the OPPA and reflects the input of the certificant panel and the survey respondents. It includes six major domains of ongoing professional practice, which can be understood as broad areas of responsibility with respect to the ongoing professional practice of OTR and COTA certificants. The key tasks performed by occupational therapy professionals in each domain are also provided.

DOMAIN 01	Client-Centered Care Maximize occupational performance for individuals and populations while embracing diversity in roles, habits, routines, values, beliefs, expressed needs, and preferences through engaging in a process of ongoing client collaboration.
Task 01	Identify the occupational needs of the client by collecting, analyzing, and interpreting data using tools that are appropriate to the client, context, and environment to establish client-centered goals.
Task 02	Collaborate with the client and relevant others in the development of the plan of care that encompasses factors identified during the evaluation process to support optimal engagement in the therapeutic process.
Task 03	Implement client-centered, theory-driven, and evidence-based interventions consistent with the plan of care to support progress toward established goals.
Task 04	Reassess the client using evidence-based assessment tools to evaluate the effectiveness of the interventions and determine if modifications to the plan of care are required.
Task 05	Modify the plan of care based on the client's response to interventions to maximize occupational outcomes.
Task 06	Advocate and promote health and wellness by educating clients and other stakeholders to optimize lifelong occupational performance.
Task 07	Communicate occupational therapy processes by documenting accurate and relevant information to facilitate and coordinate care.
Task 08	Respect diversity by collaborating with the client throughout the occupational therapy process to enhance client-centered services.

DOMAIN 02	Interprofessional Teams Cooperate, collaborate, communicate, and integrate care in teams to ensure that services are reliable and effective.
Task 01	Articulate the role of the occupational therapy professional and how it contributes to the interprofessional team to ensure coordinated and effective services.
Task 02	Synthesize and implement evaluation results from the collaborative effort of the interprofessional team to support client-centered occupational therapy outcomes.
Task 03	Facilitate interprofessional team dialogue and collaboration to provide high quality, coordinated, and comprehensive interventions.

DOMAIN 03	Evidence-Based Practice Integrate the best available research with clinical expertise and client values for optimum care.
Task 01	Perform routine self-assessment of current knowledge and skill sets to establish a relevant professional development plan to enhance decision-making and competence.
Task 02	Gather, evaluate, and synthesize evidence from the best available research, expert opinion, and history of outcomes to enhance client occupational performance.
Task 03	Apply the best evidence in accordance with client needs to facilitate decision-making and enhance client outcomes.
Task 04	Assess the efficacy of the evidence-based intervention by measuring outcomes to determine the need for additional evidence.

DOMAIN 04	Quality Improvement Design and implement processes and interventions to continually measure and refine quality of care for improved client and program outcomes.
Task 01	Identify areas for quality improvement using established standards to improve the effectiveness of care.
Task 02	Collect data using quality improvement parameters to measure the effectiveness of care.
Task 03	Analyze quality improvement data to identify strategies for enhancing client and program outcomes.
Task 04	Implement the identified quality improvement strategies to enhance the effectiveness of care.
Task 05	Assess the effectiveness of quality improvement strategies using data and analytical methods to identify further improvements.

DOMAIN 05	Informatics Use data and information technology to manage and communicate client information to improve the delivery of occupational therapy services.
Task 01	Acquire knowledge of health informatics using available educational resources in order to competently access and use client information.
Task 02	Input pertinent data into the information system, following established protocols, to enhance communication and prevent errors in service delivery.
Task 03	Interpret and apply data from the information system to enhance decision-making and improve service delivery.
Task 04	Communicate information to stakeholders to support effective decision-making and delivery of occupational therapy services.

DOMAIN 06	Professional Responsibility Elevate occupational therapy practice through communicating the value of occupational therapy services, advancing clinical competence, and adhering to professional and ethical codes of conduct.
Task 01	Enhance professional competence through self-reflection, participation in research opportunities, and other professional development activities to employ best practices.
Task 02	Recognize the boundaries of individual practice expertise and the scope of occupational therapy practice by making relevant referrals to support the best outcomes for stakeholders and maintain a high standard of care.
Task 03	Adhere to professional and ethical codes of conduct and regulations by maintaining current knowledge of these topics and exercising sound professional judgment to protect all stakeholders.
Task 04	Educate stakeholders about the scope of occupational therapy practice and increase awareness of the value of certification to elevate occupational therapy services.
Task 05	Mentor and/or supervise students, colleagues, and interprofessional team members by educating, modeling, and coaching to enhance professional competence and maintain a high standard of care.
Task 06	Engage in advocacy activities to promote access to occupational therapy services across a broad spectrum of practice settings.
Task 07	Adhere to principles of safety consistent with established protocols to reduce risk and protect stakeholders.